



Overview:

Westview Youth Baseball plans to hold Baseball Activities to provide athletic conditioning and skill development to players registered in the Westview Youth Baseball program. The goal will be to prepare players for games and tournaments when they are allowed under state law, while simultaneously keeping everyone safe and healthy. Additionally, we will use the activities for training athletes on adapting their previous athletic experience to the new preventative measures and protocols outlined by our Public Health Authorities and our JBO baseball association. The Westview Youth Baseball Board and Coaches are not providing medical advice and understand that every family will need to assess their own readiness to return to the field. No player will be discriminated against by any other player or coach if they are not comfortable returning to play. Westview Youth Baseball is a chartered and insured organization in good standing with the Westside Youth Baseball program, a division of the Junior Baseball Organization INC (JBO).

Westview Youth Baseball's Communicable Disease Management Plan incorporates the requirements of the following authorities: - Oregon Health Authority and Governor Kate Brown

<https://govstatus.egov.com/OR-OHA-COVID-19>

General Requirements:

- 1) Always follow local & state health guidelines.
- 2) Continue to monitor and abide by OHA and Governor Brown's requirements.
- 3) Maintain records of all participants.
- 4) Participants will be health checked prior to arrival to baseball activities.
- 5) Modified traditional baseball conditioning and drills to incorporate prevention measures, requirements, and best practices.
- 6) No handshaking/celebrations: Players and coaches should refrain from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.
- 7) Participants will limit sharing of playing equipment, bats, gloves, fielder's mask, catcher's gear, helmets, etc. Sharing will be avoided whenever possible. When it is necessary to share critical or

limited equipment, all surfaces of each piece of shared equipment will be cleaned and disinfected between players. Only disinfectants that are included on the Environmental Protection Agency (EPA) approved list for the SARS-CoV-2 virus that causes COVID-19 will be used.

8) Hand sanitizer will be used throughout activities

9) Coaches will clean, sanitize, and disinfect frequently touched surfaces (i.e. tees, nets, etc.) as appropriate.

10) Coaches will ensure the safe and correct application of disinfectants and keep these products away from children.

11) Coaches will follow social distancing guidelines, implementing activities and structure that allow for physical distancing when possible.

12) Coaches will ensure all players and parents are familiar with this entire document and all requirements before they can participate in Baseball Activities. Coaches are encouraged to hold an online meeting to review the requirements.

13) All participant families will receive contact information for the President and Safety Officer of Westview Youth Baseball, wybcontact@gmail.com and wyb.safety@gmail.com, Paul Peterson and Carmen Steen, should any participant wish to advise or express concern regarding baseball activities.

Participation Requirements:

1) All players must be registered with the Westview Youth Baseball program and be current on all fees.

2) Players and coaches must be Westview Youth Baseball approved regarding background checks and training certifications.

3) Players and coaches will complete a "Pre-Activity Screening" at home before every baseball activity. The Pre-Activity Screening will consist of the following items since the last baseball activity:

a) Have you had a new or worsening cough?

b) Have you had a fever greater than or equal to 100.4° F?

c) Have you had shortness of breath?

d) Have you had any difficulty breathing, chills, muscle pain, sore throat, and new loss of taste or smell.

e) Have you been in close contact with anyone with these symptoms or anyone who has been diagnosed with COVID-19 in the past 14 days?

4) No players or coach will attend activities if they have a known exposure to COVID-19 within the preceding 14 days.

5) Players and coaches will stay and remain home for at least 10 days after any illness onset and until 72 hours after fever is gone, without use of fever reducing medicine, and COVID-19 symptoms (fever, cough, shortness of breath, and diarrhea) are improving.

6) Individuals with a fever greater than or equal to 100.4° F will not be allowed to participate and should stay home.

7) If a player or coach develops a new cough (e.g., unrelated to pre-existing conditions such as asthma), fever, shortness of breath, or other symptoms of COVID-19 during the activity day/class session, they will be isolated away from others immediately, and sent home as soon as possible. While waiting for an ill child to be picked up, a coach will stay with the child in a location isolated from others. The coach will remain as far away as safely possible from the child (preferably at least 6 feet), while remaining in the same location.

b) The affected individual will remain home for a minimum of 10 days following onset of illness, and until 72 hours after fever is gone, without use of fever reducing medicine, and COVID-19 symptoms (fever, cough, shortness of breath, and diarrhea) are improving.

Record Keeping and Notification:

1) The Westview Youth Baseball organization will maintain copies of all Daily Participant Lists for 5 weeks after the activity date.

2) Parents will notify the head coach and the Westview Youth Baseball President and Safety Officer of any coach or player that develops a new cough (e.g., unrelated to pre-existing conditions such

as asthma), fever, shortness of breath, or other symptoms of COVID-19 within 2 weeks of a baseball activity.

3) Westview Youth Baseball will report and consult with the Westside JBO District and Local Public Health Authority if anyone who has entered an activity is diagnosed with COVID-19.

Physical Distancing:

1) Baseball activities will support physical distancing, striving to maintain at least 6 feet between individuals when possible.

2) Spectators are encouraged to continue to maintain 6-foot distance while in the immediate area of the activity. Westview Youth Baseball will only monitor the immediate area of the activity and will not monitor public areas outside the activity boundaries.

3) Players and coaches are required to wear masks/cloth face covering while in the dugout.

4) Umpires are required to wear masks/cloth face covering due to the constant close proximity to players.

Equipment:

1) Each player will be required to bring their own individual equipment. Sharing will be avoided whenever possible. Some limited equipment may be shared between players with proper cleaning between use (i.e., Catcher's gear).

2) Coaches will designate locations for each player to place their individual equipment before the players arrive.

3) Team equipment (balls, nets, tees) will be designated for each group. If equipment must be shared between groups, it will be sanitized before and after use by coaches.

4) Coaches will be responsible for setting up, handling, and sanitizing team equipment. Players will not move or handle team equipment.

5) Coaches will be responsible for administering hand sanitizer throughout activities.

6) Each player will be responsible for sanitizing their own equipment after each activity.

Westview Youth Baseball 2021 Activities – COVID-19 Management Plan March 9, 2021

Food and Drinks:

For the purpose of preventing the risk of spreading disease, there will be no snacks and drinks provided as has been the practice in previous years. This rule applies to any and all Westview Youth Baseball - related activities, whether practice, scrimmage, or games.

1) The use of candy, chewing gum and/or sunflower seeds is not permitted by players, coaches, umpires or spectators.

2) Players will supply their own drinks. The players' drinks will be kept with their equipment at their individual equipment spot. All drink containers must be clearly labeled with the player's name.

References: Oregon Health Authority and State of Oregon Governor's office

<https://govstatus.egov.com/OR-OHA-COVID-19>

<https://coronavirus.oregon.gov/Pages/living-with-covid-19.aspx>

<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/1e2351e.pdf>